

## NATIONAL SERVICE SCHEME (NSS) 2023-2024

### NSS Activities

- NSS was inaugurated on 2<sup>nd</sup> August, 2023 by chief guest Mr. Teoton Vaz along with Principal Prof. Purnakala Samant, Dr. Asha Gehloth, NSS Chief Officer Dr. Sapna Pelapkar and Ms. Anita Parsekar.
- Organ Donation Awareness Session was conducted in collaboration with State Organ and Tissue Transplant Organisation (SOTTO) on 4<sup>th</sup> August, 2024. Ms. Shraddha Kelkar, Consultant IEC, SOTTO Goa soke on the occasion.
- As per the directions received from Ministry of Youth Affairs & Sports New Delhi, Meri Mati Mera Desh programme was carried by NSS Unit of our College from 9<sup>th</sup> August to 15<sup>th</sup> August 2023.

- On 9<sup>th</sup> August, 80 NSS Volunteers have visited Betki Khandola Panchayat and taken part in Panchpran Pedge taking ceremony, Selfie with soil in hand, plantation drive of 75 saplings in Betki -Khandola village in the premises of village Panchayat, Primary School Garden.



- On 15<sup>th</sup> August, 2023 NSS Volunteers have participated in **Prabhat Pheri** from Marcel Kadamba Bus stand to college. Total 40 students have participated.
- On Independence Day, the son of Late Freedom fighter Ramdas Chafadkar, Mahesh Chafadkar was felicitated by Principal Prof. Purnakala Samant.

- The students of Govt. College Khandola participated in the State Youth Festival 2023 on 4<sup>th</sup> and 5<sup>th</sup> September, 2023 at Ravindra Bhavan Margao. Ms. Sejal Christofer won 2<sup>nd</sup>



- Place, Ms. Siya Gaude won 3<sup>rd</sup> place and Uchita Jalmi with her group won 2<sup>nd</sup> place in folk dance competition.

- The celebration of Poshan Maha was organised on 15<sup>th</sup> September, 2023. The guest speaker Mrs. Sunetra Talauliker, a retired scientist of Nutrition from Krishi Vikas Kendra, ICAR,

Old Goa. She explained the importance of nutritious food and food habits to the participants. Coordinator- Ranjana Sawaikar and Ms. Vidisha Sawaikar.

- The Competition on Nutritious Food was organised for NSS Volunteers of the College on 15<sup>th</sup> September 2023. Total 21 teams have participated in the competition. The judges of the competition were Mrs. Sunetra Talauliker, Ms. Anita Raikar, Ms. Kunda Parab. Ms Saloni Tari 1<sup>st</sup> place, Ms. Anjali Shinde and Mamta Sharma 2<sup>nd</sup> place, Sakshi Shinde and Prathmesh Rewale 3<sup>rd</sup> place, Ms. Dashmi Ghadi 4<sup>th</sup> Place. Coordinator-Ms. Ranjana Sawaikar.
- Organised 'Swacchata Hi Seva' from 15<sup>th</sup> September, 2023 to 2<sup>nd</sup> October, 2023.
- The NSS Volunteers were informed that they are supposed to make paper bags and submit it on 27<sup>th</sup> September 2023. According to it 500 paper bags were submitted by the volunteers under the Swacchata Hi Seva programme.
- On 2<sup>nd</sup> October, 2023 the NSS Volunteers and Teachers of the College have celebrated Mahatma Gandhi and Lal Bahadur Shastri Jayanti in the seminar hall of the college.
- The NSS Volunteers took Swacchata Pledge on 2<sup>nd</sup> October, 2023 on the occasion of Gandhi Jayanti.
- The NSS Volunteers have distributed 500 paper bags in Marcel market and made awareness to avoid plastic bags under Swacchata Hi Seva.
- Carried out the cleanliness work i.e. weeding, collection of garbage for three hours at temples of Devkikrishna, Rawalnath and Shishuwatika at Marcela.
- The NSS Unit in had Organized a 'Eye checkup camp on 20<sup>th</sup> January, 2024 in collaboration with Sarthak Foundation in the college from 10.00 am to 1.00 pm. Mr. Suresh Narvekar inaugurated the camp and remarked "Eye is a delicate organ so we have to take care of it in our life".
- In collaboration with Directorate of Higher Education (DHE) and Directorate of Sports and Youth Affairs celebrated 'Youth Week' programme on 15th January, 2024 at 9.30 am in the college premises. The Resource Persons- Mr. Thanu Zalmi from Social welfare (topic-'Mera Yuva Bharat-My Bharat Portal and Opportunities), Mrs.Siddhi Satchitanand Bagkar from



ICAI (Topic-'Financial Management for Youth') and the Chanda Pereira from Psychiatric Society of Goa (Topic- Mental Fitness).

- As a part of 'Health and Hygiene' programmed from 20th January to 3rd February, 2024, organized the guest lecture on the topic "Importance of Mental and Emotional Health among Today's Youth" for our college students on 25th January 2024 from 12noon to 1.30pm. Resource Person: Mr. Akash C. Kapdi, BE in Computer Science and motivational speaker for youth.
- National Deworming Day was celebrated by NSS unit of college on 9<sup>th</sup> February, 2024 in college. Awareness was made about the worms present in our body and 300 Albendazole tablets were distributed by Dr. Sapana Pelapkar, NSS PO. in FYBA, BSC and BCOM Classes.
- Organized an awareness talk on blood donation on 25<sup>th</sup> January, 2024 from 9.00am to 11.00 am. Resource Person: Mr. Sudesh Narvekar, Member of 'Sarthak Foundation'.

- In collaboration with the Directorate of Transport Enforcement (North), organized a talk on 'Road Safety and Safeguards' to mark road safety week, on Friday, 16<sup>th</sup> February 2024 at the college seminar hall. Resource Persons: Mr. Cedric Souza Cordeiro, Assistant Director of Transport Enforcement, Mr. Balachandra Vaigankar, Assistant Motor Vehicle Inspector, and Mr. Pawan Shet, Assistant Motor Vehicle Inspector.



- Organized a talk on 'use of plastic and health' to make awareness about the health on 13<sup>th</sup> February, 2024 in classroom no. 7 for students of college. Resource Person: Mrs. Sulaksha Sawant, member of Vestige Company. She informed students of the side-effects by the use of plastic.
- In collaboration with Election literary cell, organized a rangoli competition themed on 'Chunav ka Parva, Desh ka Garva' on 6<sup>th</sup> March, 2024 in the college from 11.00am to 1.00 pm. First place secured by Ms. Siya Gaude and Ms. Aditi Shirodkar, 2<sup>nd</sup> place by Ms. Priyanka Pednekar and Ms. Tanaya Date and 3<sup>rd</sup> place was secured by Ms. Shrisha Naik and Ms. Shruti Kunkalienkar.

- As a part of “Aabha-The Light of Wisdom 2024”, lecture series was organised-
  - A lecture on ‘Food Safety’ was organised on 18<sup>th</sup> March, 2024. Resource Person: Ms. Safia Khan, Food safety Officer, Directorate of Food & Drugs Administration Panaji. Chairperson, Consumer Protection Committee, GCCI, Mrs. Amita Salatry inaugurated the lecture series and spoke on the activities of the GCCI.
  - Lecture on “आज नाका फाल्या पोळवया: मोलादिक वेळ कसो वापरुया” was organised on 21<sup>st</sup> March, 2024. Resource Person: Ms. Chanda Pereira.
  - Filed trip to ‘Sanjeevan’ was organised on 4<sup>th</sup> April, 2024.

- The NSS special camp was organized from 23<sup>rd</sup> to 29<sup>th</sup> December, 2023 at Krishna Raghunath Shyte Savaikar High School, Savoi-Verem, Goa. The Chief Guest for the inaugural function was ZP President and well-known social worker Mr. Mohan Verekar, Guest of honour was Deputy Sarpanch of Volvoi Panchayat, Mrs. Mitali Shet, Vice Principal Dr. Sitaram Sukhathankar (PG) and Dr. Asha Gahloth (Academics) along with Chief NSS Program Officer, Dr. Sapana Pelapkar were present.

